

KENNETH MURIITHI MUNENE

Tell: (+254) 707 431 366 **Email:** kennethmuriithi13@gmail.com **D.O.B:** 13th Jan 1993

Resident Country; Nairobi, Kenya

WORK EXPERIENCE

Kisiwa Wellness & Psychosocial Support Services – Counselor (E.A.P)

June 2021 – Present

- Offering Brief Intervention Services to corporate clients
- Screening and assessing for mental disorders
- Conducting Individual and group therapy sessions as well as family psychosocial support

The Retreat Rehab Centre – Alcohol & Drug Addiction counselor

March 2018 – April 2021

- Individual therapy and class Psychoeducation sessions on Addiction (full spectrum)
- Conducting Family and Group Therapy sessions
- Offering Psychosocial support to families of clients suffering from Mental illnesses
- Creating awareness on mental health issues in community-based initiatives

F.H.O.K – Family Health Care Hospital – Intern Psychosocial Counselor

February 2017 – June 2017

- Debriefing and offering psychosocial support to HIV/AIDs patients at the VCT clinic
- Psychotherapy for both in-patient and outpatient clients
- Community Awareness creation: Reproductive and Sexual health practices via outreach activities
- Career Development Psychoeducation among high school & College students

AMPATH - OSCAR's Health and Wellness clinic Project – Intern Psychosocial Counselor

August 2017 – January 2018

- Monitoring psychological distress among Orphans and guardians & offering psychosocial support.
- Carrying out home-visits geared toward the introduction of healthcare services
- Volunteer for the Point in Time (PIT) Count of street children in Eldoret town (September 2016).

Moi Teaching and Referral Hospital (Eldoret) Academic attaché

September 2015 – December 2015

- Psychological counseling to patients with medical and surgical conditions
- Counseling services at Centre for Assault Recovery – Eldoret (C.A.R.E) Department.
- Mental Health Awareness operations, debriefing and peer supervision.

Other Areas of Experience

- **2022:** Research Assistant on a doctoral study investigating the effectiveness of introducing Mindfulness-Cognitive Behavioral Therapy (mCBT) in treatment of addiction.
- **2023:** Research Assistant on a doctoral study investigating the effectiveness of Cognitive Processing Therapy (CPT) among patients with comorbidity of Alcohol Use Disorder and Post- traumatic Stress Disorder.
- **2024:** Research Assistant on a doctoral study investigating the effectiveness of Cognitive Therapy for Suicide Prevention (CT-SP) in managing suicidal behavior (SB) among high school students.

-----NOTABLE SKILLS-----

- Computer skills – proficient in Ms. Word, Excel and PowerPoint
- Leadership skills – student leader during my attachment at MTR-Hospital.

-----LANGUAGES-----

- Fluent in English and Kiswahili

-----ACADEMIC BACKGROUND-----

Professional Development Courses:

Medical |University of South Carolina Online Training Course

- **Cognitive Processing Therapy** – Trauma Intervention (2025)

University of Washington

- **Global Health E-Learning:** Fundamentals of Global Health Research (2023)
- **Global Health E-Learning:** Global Mental Health (2021)

Undergraduate Degree

Moi University Main Campus: Graduated with Honors Second Class (Upper) BSc. Counseling Psychology (2017)

REFEREES

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